

		17-ago	18-ago	19-ago	20-ago	21-ago	22-ago
09:00/ 12:00	09:00/ 10:15	check-in	Group 1 & 2 : athletic preparation (Miss. Violetta & Mr. Stefano) + footwork Group 3 & 4 : fencing hall	Group 1 & 2 : athletic preparation (Miss. Violetta & Mr. Stefano) Group 3 & 4 : fencing hall	Group 1 & 2 : athletic preparation (Miss. Violetta & Mr. Stefano) + respiration (Mr. Vivian) Group 3 & 4 : fencing hall	DIRECT ELIMINATION for U17/U20 M & U17/U20 F 09:00/12:30 (U12/U14 respiration exercises with Mr. Vivian)	Group 1 & 2 : athletic preparation (Miss. Violetta & Mr. Stefano) + footwork Gruppo 3 e 4 : fencing hall
	10:30/ 11:45		Group 1 & 2: fencing hall Group 3 & 4: athletic preparation (Miss. Violetta & Mr. Stefano) + footwork	Group 1 & 2: fencing hall Group 3 & 4: athletic preparation (Miss. Violetta & Mr. Stefano)	Group 1 & 2: fencing hall Group 3 & 4: athletic preparation (Miss. Violetta & Mr. Stefano) + respiration (Mr. Vivian)		Group 1 & 2: fencing hall Group 3 & 4: athletic preparation (Miss. Violetta & Mr. Stefano)
	11:45/12:00		stretching for all groups	stretching for all groups	stretching for all groups		stretching for all groups
16:30/ 19:30	16:30/ 17:45	Group 1 & 2 : athletic preparation (Miss. Violetta & Mr. Stefano) Group 3 & 4 : fencing hall	Group 1 & 2 : athletic preparation (Miss. Violetta & Mr. Stefano) Group 3 & 4 : fencing hall	Group 1 & 2 : athletic preparation (Miss. Violetta & Mr. Stefano) Group 3 & 4 : footwork + time assaults	POULES 16:00/19:30	DIRECT ELIMINATION for U12/U14 16:00/19:30 (U17/U20 respiration exercises with Mr. Vivian)	check-out
	18:00/ 19:15	Group 1 & 2: fencing hall Group 3 & 4: athletic preparation (Miss. Violetta & Mr. Stefano)	Group 1 & 2: fencing hall Group 3 & 4: athletic preparation (Miss. Violetta & Mr. Stefano)	Group 1 & 2: footwork + time assaults Group 3 & 4: athletic preparation (Miss. Violetta & Mr. Stefano)			
	19:15/19:30	stretching for all groups	stretching for all groups	stretching for all groups			